



2027

COURSE DATES

Every qualification, every venue, every date for the year ahead.
Ofqual-regulated qualifications delivered across Scotland since 2008.

PENICUIK EDINBURGH GLASGOW · HAMILTON STIRLING ABERDEEN FIFE

OFQUAL-REGULATED QUALIFICATIONS / CIMSPA ENHANCED PARTNER / ELCAS APPROVED PROVIDER / ACTIVE IQ & YMCA AWARDS
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QUALIFICATIONS

OFQUAL-REGULATED

LEVEL 2 CERTIFICATE IN FITNESS COACHING (FORMERLY GYM INSTRUCTOR)

COURSE DATES	ASSESSMENT	VENUE
15, 16, 17, 23, 24 January	30 / 31 January	EDINBURGH
12, 13, 14, 20, 21 February	27 February	ABERDEEN
19, 20, 21, 27, 28 March	3 / 4 April	STIRLING
30 April, 1, 2, 8, 9 May	15 May	HAMILTON
14, 15, 16, 22, 23 May	29 / 30 May	EDINBURGH
2, 3, 4, 10, 11 July	17 July	ABERDEEN
23, 24, 25, 31 July, 1 August	7 / 8 August	STIRLING
10, 11, 12, 18, 19 September	25 September	HAMILTON
1, 2, 3, 9, 10 October	16 / 17 October	EDINBURGH
29, 30, 31 October, 6, 7 November	13 / 14 November	STIRLING

LEVEL 3 DIPLOMA IN PERSONAL TRAINING

COURSE DATES	ASSESSMENT	VENUE
19, 20, 21, 27, 28 February	6 / 7 March	EDINBURGH
2, 3, 4, 10, 11 April	17 April	ABERDEEN
16, 17, 18, 24, 25 April	1 / 2 May	STIRLING
28, 29, 30 May, 5, 6 June	12 June	HAMILTON
18, 19, 20, 26, 27 June	3 / 4 July	EDINBURGH
6, 7, 8, 14, 15 August	21 August	ABERDEEN
20, 21, 22, 28, 29 August	4 / 5 September	STIRLING
15, 16, 17, 23, 24 October	TBC	HAMILTON
12, 13, 14, 20, 21 November	27 / 28 November	EDINBURGH

LEVEL 2 CERTIFICATE IN GROUP TRAINING

COURSE DATES	ASSESSMENT	VENUE
15, 16, 17, 23, 24, 31 January	TBC	PENICUIK
2, 3, 4, 10, 11 April	24 April	FIFE
18, 19, 20, 26, 27 June	10 July	PENICUIK
5, 6, 7, 13, 14 November	27 November	PENICUIK

LEVEL 2 CERTIFICATE IN GROUP TRAINING TO MUSIC

COURSE DATES	ASSESSMENT	VENUE
27, 28 March	TBC	PENICUIK
29, 30 May	TBC	PENICUIK
14, 15 August	TBC	PENICUIK

LEVEL 4 CERTIFICATE IN STRENGTH AND CONDITIONING

COURSE DATES	ASSESSMENT	VENUE
10, 11, 17, 18 April	TBC	PENICUIK
18, 19, 25, 26 September	TBC	PENICUIK

LEVEL 3 DIPLOMA IN INSTRUCTING PILATES MATWORK

COURSE DATES	ASSESSMENT	VENUE
6, 7, 13, 14 February	27 / 28 February	PENICUIK
27, 28 March, 3, 4 April	17 / 18 April	HAMILTON
17, 18, 24, 25 July	7 / 8 August	PENICUIK
2, 3, 9, 10 October	23 / 24 October	PENICUIK

LEVEL 3 DIPLOMA IN TEACHING YOGA

COURSE DATES	ASSESSMENT	VENUE
19, 20, 21, 26, 27, 28 February	21 March	PENICUIK
2, 3, 4, 9, 10, 11 July	1 August	PENICUIK

LEVEL 3 DIPLOMA IN SPORTS MASSAGE

COURSE DATES	ASSESSMENT	VENUE
20, 21 March · 1, 2 April · 22, 23 May	12 June	PENICUIK
31 July, 1 August · 28, 29 August · 18, 19 September	16 October	PENICUIK

YMCA LEVEL 3 AWARD IN SUPPORTING PARTICIPATION IN PHYSICAL ACTIVITY: MENOPAUSE PRACTITIONER

COURSE DATES	ASSESSMENT	VENUE
30, 31 January	TBC	PENICUIK
24, 25 April	TBC	PENICUIK
23, 24 October	TBC	PENICUIK

YMCA LEVEL 3 CERTIFICATE IN INSTRUCTING STUDIO REFORMER PILATES

COURSE DATES	ASSESSMENT	VENUE
12, 13, 14, 20, 21 March	25 April	FIFE
7, 8, 9, 15, 16 May	20 June	PENICUIK
3, 4, 5, 11, 12 September	17 October	PENICUIK

LEVEL 3 SUPPORTING ANTENATAL AND POSTNATAL CLIENTS

COURSE DATES	ASSESSMENT	VENUE
23 February	TBC	PENICUIK
6 June	TBC	PENICUIK
21 November	TBC	PENICUIK

CPD COURSES

10 CIMSPA POINTS EACH

PHYSICAL ACTIVITY FOR CHILDREN

COURSE DATES	ASSESSMENT	VENUE
29, 30, 31 January	Video assessment	PENICUIK
23, 24, 25 April	Video assessment	PENICUIK
15, 16, 17 October	Video assessment	PENICUIK

GROUP INDOOR CYCLING

COURSE DATES	ASSESSMENT	VENUE
6, 7 February	On course	ABERDEEN
13, 14 March	On course	PENICUIK
24, 25 July	On course	FIFE
4, 5 December	On course	PENICUIK

SUSPENDED BODYWEIGHT

COURSE DATES	ASSESSMENT	VENUE
23, 24 March	On course	PENICUIK
22, 23 June	On course	PENICUIK
5, 6 September	On course	PENICUIK

KETTLEBELL INSTRUCTOR

COURSE DATES	ASSESSMENT	VENUE
2, 3 March	On course	PENICUIK
1, 2 June	On course	FIFE
21, 22 September	On course	PENICUIK

BOOT CAMP INSTRUCTOR

COURSE DATES	ASSESSMENT	VENUE
13, 14 April	On course	FIFE
27, 28 July	On course	PENICUIK

BOXFIT INSTRUCTOR

COURSE DATES	ASSESSMENT	VENUE
2, 3 February	On course	PENICUIK
27, 28 April	On course	PENICUIK
26, 27 October	On course	PENICUIK

OLYMPIC WEIGHTLIFTING

COURSE DATES	ASSESSMENT	VENUE
11, 12 May	Video assessment	PENICUIK
13, 14 November	Video assessment	FIFE

BEFORE YOU BOOK

Assessment dates are part of your course — please check you are available for both the course days and the assessment day before enrolling. If the listed assessment date does not work for you, speak to us. We can usually move you onto another cohort's assessment day, so a date clash is rarely a reason not to book.

"On course" means you are assessed during the course itself, with no separate assessment day.

CPD courses carry 10 CIMSPA points each and are designed to build on an existing qualification rather than replace one.

Some qualifications have entry requirements or prior-learning prerequisites. If you are unsure whether you are eligible, get in touch before you book — we would rather tell you early.

Dates and venues are correct at the time of publication and may be subject to change.

BOOK YOUR PLACE

thefitnesseducationacademy.co.uk / Pay in full, or spread the cost with an interest-free payment plan.

Training six or more staff? Ask us about bulk and invoiced corporate bookings.